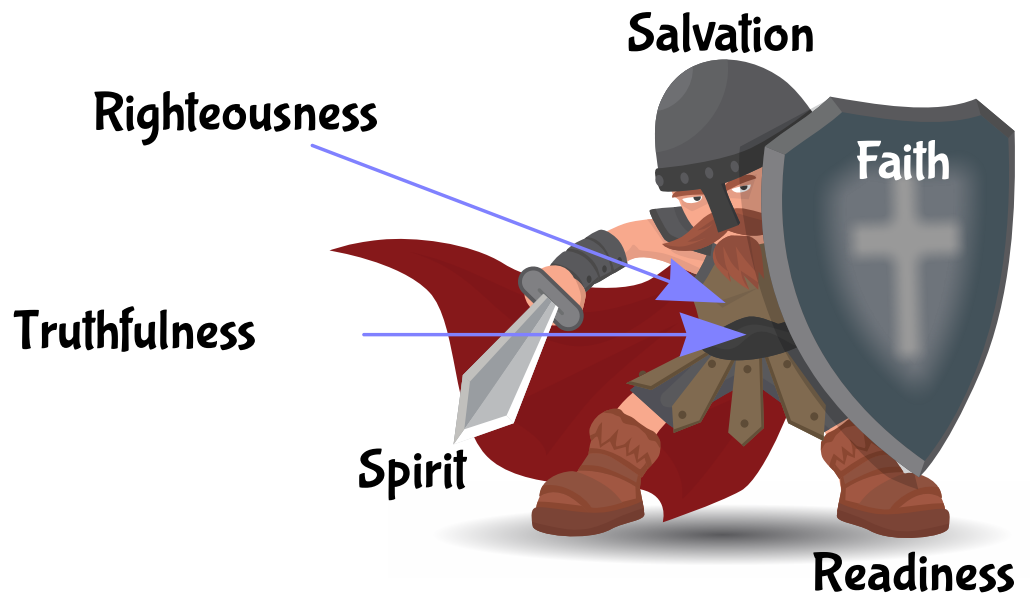


Our Spiritual Armour



The Armour of God

Finally, be strong in the Lord and in his mighty power. Put on the full armour of God, so that you can take your stand against the devil's schemes. For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms. Therefore put on the full armour of God, so that when the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand. Stand firm then, with the belt of truth buckled round your waist, with the breastplate of righteousness in place, and with your feet fitted with the readiness that comes from the gospel of peace. In addition to all this, take up the shield of faith, with which you can extinguish all the flaming arrows of the evil one. Take the helmet of salvation and the sword of the Spirit, which is the word of God. And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the Lord's people. Ephesians 6:10-18

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- 1 – Belt of Truth
 - 2 – Breastplate of Righteousness
 - 3 – Feet of Readiness
 - 4 – Shield of Faith
 - 5 – Helmet of Salvation
 - 6 – Sword of the Spirit, which is the Word of God

Pray in the Spirit on all occasions

1 - The Belt of Truth

"Stand firm then, with the belt of truth buckled round your waist" Ephesians 6:14. The belt of truth embraces our hearts and our minds. Truth keeps us secure in Jesus and makes effective all the other pieces of armour. The belt of truth holds our armour in place.

2 - The Breastplate of Righteousness

"with the breastplate of righteousness in place," Ephesians 6:14 - A soldier with a breastplate goes into battle boldly with confidence. The devil is constantly attacking with lies, accusations and reminders of past sin. Without the breastplate of righteousness, these will penetrate your heart. "Let us then approach God's throne of grace with confidence, so that we may receive mercy and find grace to help us in our time of need." (Hebrews 4:16)

5 - The Helmet of Salvation

"Take the helmet of salvation." Ephesians 6:17 - The evil one targets your mind and tells lies to you. The enemy wants to make us doubt God and our salvation. The helmet protects our minds from doubting the truth of God's words to us. "But since we belong to the day, let us be sober, putting on faith and love as a breastplate, and the hope of salvation as a helmet." 1 Thessalonians 5:8

6 - The Sword of the Spirit

Put on "the sword of the Spirit, which is the word of God." Ephesians 6:17 - The sword of the Spirit is the only weapon of attack in the armour, but His Biblical Word is also a tool for defence. Strongholds, arguments and thoughts are all weapons the enemy uses against us. With the Sword of the Spirit, God's Word, we are equipped to deal with them all. We need to trust in the

For though we live in the world, we do not wage war as the world does. The weapons we fight with are not the weapons of the world. On the contrary, they have divine power to demolish strongholds. We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ. 2 Corinthians 10:3-5 NIVUK

We are human, but we don't wage war as humans do. We use God's mighty weapons, not worldly weapons, to knock down the strongholds of human reasoning and to destroy false arguments. We destroy every proud obstacle that keeps people from knowing God. We capture their rebellious thoughts and teach them to obey Christ. 2 Corinthians 10:3-5 NLT

3 - Feet of Readiness

"...and with your feet fitted with the readiness that comes from the gospel of peace." Ephesians 6:15 - Shoes allow us to step freely and without fear while we turn our full attention to the battle at hand. They aid in our movement and defence. The shoes God gives propel us forward to proclaim the true peace, which is available through Jesus. Prepare yourself to follow the Lord no matter what.

4 - The Shield of Faith

"In addition to all this, take up the shield of faith, with which you can extinguish all the flaming arrows of the evil one." Ephesians 6:16 - The shield not only defends our whole body but also our armour. The shield of faith has a very specific function, which the Bible makes abundantly clear: quench all the fiery darts of the evil one. Not some but all of them. The shield moves with the attack no matter what the direction.

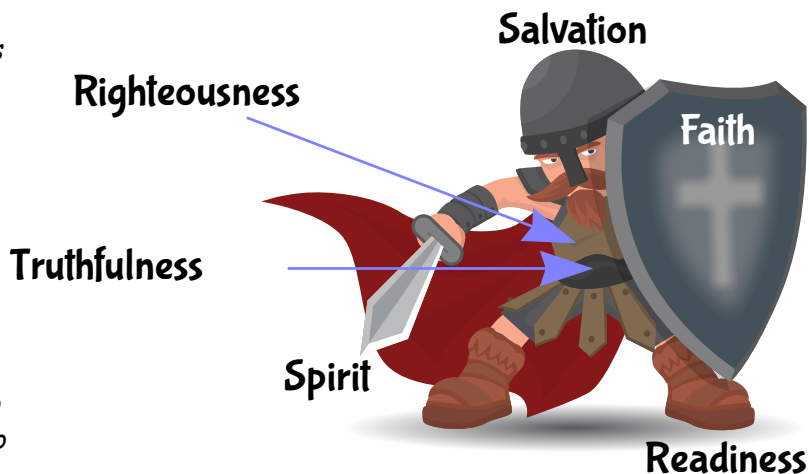
truth of God's Word. Have confidence in the value of God's word. Get a hunger and desire for it.

Prayer

"Pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the Lord's people." Ephesians 6:18

Put on your spiritual armour and keep it on. Don't ask others or God to put it on you. Just pick it up!

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